

OTTER TRAIL GUIDE

TIDES JAN 2023

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0520	1943	1208	----	0526	1840
2	0521	1943	0047	1307	0646	1935
3	0522	1943	0149	1356	0742	2018
4	0522	1943	0236	1440	0826	2055
5	0523	1943	0315	1519	0904	2128
6	0524	1944	0349	1555	0938	2200
7	0524	1944	0421	1629	1010	2231
8	0525	1944	0451	1700	1042	2300
9	0526	1944	0521	1730	1113	2329
10	0527	1944	0550	1800	1144	2359
11	0528	1944	0622	1830	1217	----
12	0529	1944	0655	1903	0029	1253
13	0529	1943	0733	1942	0102	1335
14	0530	1943	0819	2030	0140	1427
15	0531	1943	0917	2139	0228	1534
16	0532	1942	1031	2318	0336	1707
17	0533	1942	1155	----	0511	1844
18	0534	1942	0056	1310	0647	1950
19	0535	1942	0203	1413	0754	2043
20	0536	1941	0256	1509	0850	2129
21	0537	1941	0344	1559	0939	2212
22	0538	1940	0430	1646	1027	2252
23	0539	1940	0514	1729	1112	2331
24	0540	1939	0556	1809	1155	----
25	0541	1939	0637	1847	0007	1237
26	0543	1938	0718	1923	0042	1318
27	0544	1938	0759	2000	0117	1401
28	0545	1937	0844	2043	0153	1448
29	0546	1936	0941	2147	0237	1550
30	0547	1935	1107	----	0345	1750
31	0548	1934	0021	1245	0630	1926

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

